

# EXERGEN TEMPOTHERM™

TEMPORALSCANNER™ TAT-2000 SERIES

TECHNICAL MANUAL
INSTRUCCIONES DE USO
INSTRUÇÕES DE UTILIZAÇÃO
GEBRAUCHSANWEISUNG
MODE D'EMPLOI
ISTRUZIONI D'USO
GEBRUIKSAANWIJZING
BRUKSANVISNING
KUUMEMITTARIN KÄYTTÖOHJEET
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ΠΙΤΝΙΠ ΨΙ ΜΙΤΝΙΠ ΕΙΝΙΠ ΕΙΝΙ



TEMPORALSCANNER™ TAT-2000 SERIES



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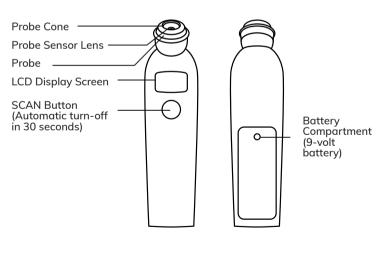
# HOW TO USE THE EXERGEN TEMPOTHERM™ THERMOMETER

This information is about using the TempoTherm thermometer for measuring body temperature and/or a possible fever. These instructions should help you use the thermometer safely and effectively.

The TempoTherm is part of the TAT-2000C series invented, design, assembled, tested, and packaged in the USA by Exergen Corporation.

#### **FAMILIARISE YOURSELF WITH THE INSTRUMENT**

- Push and hold the button to scan for temperature.
- Beeping and LED lights show temperature changes.
- Reading stays on display for 30 seconds.
- To restart, hold the button again.



# TAKING A TEMPERATURE



Remove the protective cap.



Place probe flush on the middle of the forehead, press and hold the button.



Slide the thermometer in a straight line to the hairline while it beeps (don't touch glasses and/ or hair).



Release the button and read the temperature.

#### IF PERSPIRATION IS PRESENT ON FOREHEAD:

- Press and hold the SCAN button.
- 2. Place the probe on the neck just behind the ear lobe.
- 3. Release the SCAN button and remove the thermometer to get a reading.

#### WHEN NOT IN USE:

Thermometer will shut off automatically after 30 seconds. To turn off immediately press and release the SCAN button quickly. Always replace the cap to protect the sensor when not in use.

### **SAFETY INSTRUCTIONS**

When using the product, especially when children are present, basic safety precautions should always be followed, including the following:

- This product is intended for household use only. For information on thermometers for professional use, please see www.international.exergen.com or call +31 6 53226285
- Use this product only for its intended use as described in this manual.
- Use of this product is not intended as a substitute for consultation with your physician.
- Do not take temperature over scar tissue, open sores or abrasions.
- Basic safety precautions should always be observed, especially when this product is used by, on or near children or invalids.
- The operating environmental temperature range for this product is 60 to 104°F (15.5 to 40°C).
- Always store this thermometer in a clean, dry place where it will not become excessively cold (-4°F/-20°C), or hot (122°F/50°C).
- The thermometer is not shockproof. Do not drop it or expose it to shocks.
- This thermometer is not intended to be sterile. Do not try to sterilize it.
- Follow the cleaning instructions as described in this manual.
- Do not use this thermometer if it is not working properly, if it has been exposed to temperature extremes, damaged, been subject to electrical shocks or immersed in water.
- There are no parts that you can service yourself except for the battery, which you should replace when low following the instructions in this manual. For service, examination, repair, or adjustments, return your thermometer to Exergen.
- Do not operate where aerosol spray products are being used or where oxygen is being administered.
- Do not take temperatures with this thermometer near places that are very hot, such as fireplaces and stoves.
- Do not use this thermometer outdoors.
- Never drop or insert any object into any opening.
- If your thermometer will not be used regularly, remove the battery to prevent possible damage due to chemical leakage. If the battery leaks, remove carefully.
- Do not allow bare skin to touch leaking fluid.
- Dispose of used batteries properly. Do not wrap them in metal or aluminum foil.
- Wrap them in newspaper before disposing of them. Do not burn them. Battery may explode if overheated.

# **SCANNING THE TEMPORAL ARTERY**

- Measure only the side of the head exposed to the environment. Anything
  covering the area to be measured (hair, hat, wig, bandages) would insulate
  the area, resultingin falsely high readings.
- Slide the thermometer straight across the forehead, not down the side of the face. Midline on the forehead, the TA is about a millimeter below the skin, whereas at the side of the face, the TA is much deeper, and measuring there would result in falsely low readings.
- When taking the temperature behind the ear (if there is perspiration on the forehead), first push away any hair, exposing the area. Then, tuck the thermometer on the neck below the ear lobe, in the soft conical depression, (the place where perfume might be applied).
- Wait about 60 seconds before measuring the same person again to avoid excessive cooling of the skin.
- An infant is frequently swaddled in blankets and clothing covering the neck area. Unless visibly sweaty, one measurement at the TA area is typically all that is required. Should you feel the temperature is low, then push aside any clothing or blankets covering the neck area for -30 seconds or so, and repeat the measurement on the neck behind the ear.
- Factors that may affect measurement accuracy:
- The patented Arterial Heat Balance (AHB) technology in your TemporalScanner actually makes two separate measurements (1) the temperature of the skin over the temporal artery, and (2) the temperature of the room. To determine the most accurate reading, it measures skin temperatures some 1000 times a second as you sweep the TemporalScanner across the forehead. The AHB system then calculates how much the blood has cooled down during its journey from the heart to the skin over the temporal artery and makes allowance for this in the temperature it displays. The result is a highly accurate reading delivered extremely fast and with no discomfort.

## **DISPLAY MESSAGES**

Scn Scn

Scn means it's measuring.

ΗI

HI indicates a very high temperature.



LO indicates a very low temperature.



HI A means: move the device to a cooler location.



LO A means: move the device to a warmer location.



Err may appear due to interference; wait or replace the battery. If Err messages continue, call or email Exergen, see page 1.



Blinking battery icon warns of low battery.

# FREQUENTLY ASKED QUESTIONS

# WHY TAKE TEMPERATURE MEASUREMENTS AT THE SKIN SURFACE OVER THE TEMPORAL ARTERY?

The best place to measure temperature is the center of the heart, but this can be done only under a doctor's supervision. Doctors know that measurement of the blood temperature in a major artery accurately reflects true body temperature. The TempoTherm thermometer is designed to measure the temperature of the skin surface over the temporal artery, a major artery of the head. The temporal artery is connected to the heart via the carotid artery. The carotid artery leads directly from the aorta, the main trunk of the arterial system. It offers constant blood flow. It is the only such artery close enough to the skin surface to make an accurate measurement possible. It is easy to use because it is ideally located at the front of the forehead. The TempoTherm is easier and gentler to use than other types of measurement devices. Unlike oral, rectal, underarm, and in-ear thermometers, it is truly non-invasive.

#### WHY AM I GETTING LOW READINGS?

Smudgy/dirty lens: Smudgy/dirty lens may be the cause. The most common reason for low readings is a smudgy/dirty lens. An alcohol-dampened Q-tip should be twirled directly on the lens every 2-3 weeks. Like a camera or eyeglasses, the TempoTherm uses optical technology. In the case of the thermometer, the infrared sensor behind the lens must "see" the heat in order to measure it. If you have had the TempoTherm a little while, it might just need a lens cleaning. Make sure you use a Q-tip or generic cotton swab. Don't use a twisted paper towel or tissue. Following the alcohol cleaning, let the scanner recover from the coldness of the alcohol for about 5 minutes before using it again. The little lens should be cleaned as follows below:

- Dampen the Q-Tip with either an alcohol prep/swab, or dip the Q-Tip in a little alcohol, but do not use the alcohol prep/swab to clean the lens as it will not provide the leverage needed.
- Twirl the Q-Tip directly on the little lens deep in the center of the probe head.
- 3. This preventive maintenance should be routinely done (every few weeks).
- Following the alcohol cleaning, wait about five minutes to let the infrared sensor behind the little lens recover from the coldness of the alcohol cleaning.

#### WHAT IS THE CORRECT TECHNIQUE?

When you use the TempoTherm, make sure to start with a blank screen. Then while holding the button down, touch the center of the forehead and scan horizontally in a straight line over to the hairline, before releasing the button. Do not curve down to the temple. If you do, you could miss the important part of the temporal artery which is up in the forehead. The artery is naturally trapped between the skin and the skull, so it's never too deep. At the temple, the artery can go deep, even on an infant, and won't provide the correct temperature.

#### WILL SWEAT CAUSE LOW TEMPERATURE READINGS?

If the individual is sweaty, the effect of evaporative cooling on the forehead will result in low temperatures when using the scanner. However, sweat is a sign the fever has broken and, as a result, the temperature is rapidly falling back to normal. If sweaty, wait until the forehead has dried before taking a temperature. Wiping the forehead will not work. However, when the individual is just beginning to sweat, taking the temperature in the little soft depression on the neck just below the earlobe will work since we sweat last on the neck. But if both forehead and neck are wet/moist, wait until the sweating has subsided before taking a temp.

#### WHY DO THE READINGS DIFFER FROM RECTAL TEMPERATURE?

Unlike rectal temperature, the TemporalScanner identifies a change in temperature immediately, since it is measuring the heat from the blood coming directly from the heart (a true core temperature). Even on an infant, when temperature is changing, it can take 60-90 minutes for rectal temperature to identify the change, and considerably longer on older children and adults.

#### WHY AM I GETTING A HIGH READING?

The TemporalScanner is measuring a core temperature. Like a rectal temperature, temperature taken with the TemporalScanner on average, will be about a degree Fahrenheit higher than an oral temperature. With the exception of an infant up to about 6 months, the TemporalScanner, on average, will be about two degrees higher than an axillary (under the arm) temperature. Temperature on an infant up to about 6 months will be about the same as an axillary and rectal temperature as the infant's body temperature is close to being uniform regardless of where the temperature is taken.

#### SHOULD I BELIEVE MY HAND OR THE TEMPORALSCANNER?

Touching the forehead is just not an accurate method (although we all do it). Many studies have proven that the hand (or a kiss on the forehead) will be correct 98% of the time when there is no fever, but wrong half of the time when the individual actually has a fever. The reason is that body heat is released or retained to keep our body temperature in the normal range. This contributes to the erroneous assessment as felt by the hand or lips. The core body temperature stays normal by the release of heat (like opening the windows when the house is too hot) or by retention of the heat (closing the windows when the house is too cold).

#### WHY DO I GET A DIFFERENT READING WITH EACH SCAN?

Multiple scans in rapid succession will change the temperature of the skin and result in variability of the readings. It is important to wait a full minute before repeating the scan to allow the skin over the temporal artery to recover from the cooler temperature of the probe head. The probe head is at room temperature and about 30 degrees lower than body temperature.

## **MAINTENANCE**

The TempoTherm is an optical instrument. Like a camera or eyeglasses, a dirty lens will distort the view. If the thermometer is unable to see the heat clearly, it will be unable to measure it accurately, resulting in low readings.

Probe lens and cone should be shiny clean. If not, wipe the silver cone with a small cloth moistened with alcohol. Lens should be cleaned with an alcohol dampened Q- tip. Hold upside-down to prevent excess moisture from entering the sensor area. It will not harm the sensor, but if it becomes too wet, you will be unable to take a temperature until it dries.

Thermometer case can be cleaned with a clean cloth with alcohol. Avoid gritty, abrasive cleaners as they can scratch the thermometer.

Do not hold the TempoTherm under the faucet or submerge in water. It is not water-proof.

## **SPECIFICATIONS**

- Clinical Accuracy: Meets ASTM E1965-98 and EN60601-1 standards for electronic and radiation thermometers to the extent applicable to thermometers which measure the surface of the skin over the temporal artery.
- EMI/RFI Protection: Error message displayed.
- Calibration Protection: Error message displayed.
- Temperature Range: 15.5 to 42 °C (60 to 107.6°F).
- Operating Environment: 15.5 to 40 °C (60 to 104 °F) with non-condensing humidity.
- Resolution: 0.1 °C or °F. Sensor
- Response Time: Approximately 0.04 second.
- Time Displayed on Screen: 30 seconds before automatic shutdown.
- Battery Life: Approximately 1000-5000 readings depending on 9V battery type. Size: 17.8 cm x 4.45 cm x 3.18 cm (7.0 in x 1.75 in x 1.25 in).
- Weight: 120 grams (4.2 oz) including battery.
- Display Type: High contrast LCD.
- Construction Method: Impact resistant casing, hermetically sealed sensing system.
- Environmental Rating: IP22
- Storage Range: -20 °C to 50 °C (-4 °F to 122 °F) with non-condensing humidity.
- Laboratory Error: ASTM laboratory accuracy requirements in the display range of 37 to 39 °C (98 to 102 °F) for IR thermometers is +/-0.2 °C(+/-0.4 °F).

Full responsibility for this product meeting applicable portions of this standard is assumed by Exergen Corporation, Watertown, MA 02472.

Patents: Listed at www.exergen.com/patents.

# **3 YEAR WARRANTY**

Exergen Corporation warrants each new Exergen TempoTherm against defects in materials or workmanship for a period of 3 years for the TAT-2000C marketed as TempoTherm, from the date of purchase, and agrees to repair or replace any defective product without charge. IMPORTANT: This warranty does not cover damage resulting from accident, misuse or abuse, lack of reasonable care, the affixing of any attachment not provided with the product or loss of parts or subjecting the product to any but the specified battery\* Use of unauthorized replacement parts will void this warranty. Exergen Corporation will not pay for warranty service performed by a non-authorized repair service and will not reimburse the customer for damage resulting from warranty service performed by a non-authorized repair service.

No responsibility is assumed for any special, incidental or consequential damages. If repair is required, please go to our website at www.exergen.com/rma to request a Return Materials Authorization (RMA) number. You will receive an email response with an RMA number and instructions on where to return your unit. Alternatively, you may contact Exergen customer service at +31 6 53226285 or tempotherm@exergen.com or contact your local distributor.

**NOTE:** No other warranty, written or verbal, is authorized by Exergen Corporation. \*Read enclosed instructions carefully.

#### **GUIDANCE AND MANUFACTURER'S DECLARATION - ELECTROMAGNETIC EMISSIONS**

The infrared forehead thermometer model TAT-2000C series is intended for use in the electromagnetic environment specified below. The user of the TAT-2000C series should assure that it is used in such an environment.

Emissions test	Compliance	Electromagnetic environment- guidance
RF emissions CISPR 11	Group 1	The TAT-2000C series thermometer uses no RF energy therefore any emissions are unlikely to cause any interference in nearby electronic equipment
RF emissions CISPR 11	Class B	
Harmonic emissions	Not applicable	The TAT-2000C series thermometer is suitable for use in a typical home healthcare environment.
Voltage fluctuations	Not applicable	

#### **GUIDANCE AND MANUFACTURER'S DECLARATION - ELECTROMAGNETIC IMMUNITY**

The TAT-2000C series thermometer is intended for use in the electromagnetic environment specified below. The user of the TAT-2000C series should assure that it is used in such an environment.

Immunity test	IEC 60601 test level	Compliance level	Portable and mobile RF communications equipment should be used no closer to any part of the TAT-2000C series including cables if applicable, than the recommend—ed separation distance calculated from the equation applicable to the frequency of the	
Conducted RF IEC 61000-4-6	3Vrms 150 kHz to 80 MHz	Not applicable	transmitter. Recommended separation distance d=1,2*P1/2 d=1,2*P1/2 80 MHz to 800MHz d=1,2*P1/2 800MHz to 2,7 GHz Where P is the maximum output power rating of the transmitter in watts (W) ac¬cording to the transmitter manufacturer and d is the recommended separation	
Radiated RF IEC 61000-4-3	80 MHz to 2,7 GHz 80% AM at 1kHz	10V/m	distance in meters (m). Field strength from the fixer RF transmitters, as determined by an electromagnetic site survey, a. should be less than the compliance level in each frequency range and b. interference may occur in the vicinity of equipment with the following symbol:	

- A. Field strengths from fixed transmitter, such as base stations for radio (cellular/cordless) telephones and land mobile radios, amateur radio, AM and FM radio broadcast and TV broadcast cannot be predicted theoretically with accuracy. To assess the electromag-netic environment due to fixed RF transmitters, an electromagnetic site survey should be considered. If the measured field strengths in the location in which the TAT-2000C series thermometer is used exceeds the applicable RF compliance level above, the TAT-2000C series thermometer should be observed to verify normal operation. If abnormal performance is observed, additional measures may be necessary, such as reorienting or relocating the TAT-2000C.
- B. Over the frequency range 150 kHz to 80 MHz, field strengths should be less than 3V/m.
- C. Portable and mobile RF communications equipment can affect performance.

#### **GUIDANCE AND MANUFACTURER'S DECLARATION - ELECTROMAGNETIC IMMUNITY (CONT.)**

The TAT-2000C series thermometer is intended for use in the electromagnetic environment specified below. The user of the TAT-2000C series should assure that it is used in such an environment.

Immunity test	IEC 60601 test level	Compliance Level	Electromagnetic environment- guidance
Electrostatic discharge (ESD) IEC61000- 4-2	8kV contact 15kV air	8kV contact 15kV air	Floors should be wood, concrete or ceramic tile. If floors are covered with synthetic material, the relative humidity should be at least 30%.
Electrical fast transient/ burst IEC 61000- 4-4	2kV for power supply lines 1kV for input output lines	Not applicable	Mains power quality should be that of a typical home healthcare environment.
Surge IEC 61000- 4-5	1kV line(s) to line(s) 2kVline(s) to earth	Not applicable	Mains power quality should be that of a typical home healthcare environment.

Interruptions and voltage variations on power supply Input lines IEC 61000- 4-11	<5% UT (>95% dip in UT) for 0,5 cycle 40% UT (60% dip in UT) for 5 cycles 70% UT (30% dip in UT) for 25 cycles < 5% UT (>95% dip in UT) for 5 sec.	Not applicable	Mains power is not applicable. The TAT- 2000C series is powered by battery and battery only.
Power frequency (50/60 Hz) magnetic field IEC 61000- 4-8	30A/m	30A/m	Power frequency magnetic fields should be at the level characteristic of a typical location in a typical home healthcare environment.

**NOTE:** UT is the a.c. mains voltage prior to the application of the test level

# RECOMMENDED SEPARATION DISTANCES BETWEEN PORTABLE AND MOBILE RF COMMUNICATION EQUIPMENT AND THE TAT-2000C SERIES

The TAT-2000C series forehead thermometer is intended for use in an electromagnetic environment in which radiated RF disturbances are controlled or the user of the TAT-2000C series thermometer can help prevent electromagnetic interference by maintaining a minimum distance between portable and mobile RF communications equipment (transmitters) and the TAT-2000C series thermometer as recommended below, according to the maximum output power of the communications equipment.

Rated maximum output power of transmitter (W)	Separation distance according to frequency of transmitter m			
	150 KHz to 80 MHz d=1,2 P1/2	80 MHz to 800 MHz d=1,2 P1/2	800 MHz to 2,7 GHz d=2,3 P1/2	
0,01	0,12	0,12	0,23	
0,1	0,38	0,38	0,73	
1	1,2	1,2	2,3	
10	3,8	3,8	7,3	
100	12	12	23	

For transmitters rated at a maximum output power not listed above, the recommended separation distance d in meters (m) can be estimated using the equation applicable to the frequency of the transmitter, where P is the maximum output power rating of the transmitter in watts (W) according to the transmitter manufacturer.

**NOTE 1:** At 80 MHz and 800 MHz the separation distance for the higher frequency range applies.

**NOTE 2:** These guidelines may not apply in all situations. Electromagnetic propagation is affected by absorption and reflection from structures, objects and people.

WARNING: Electronic equipment may be influenced by Radio Frequency (RFI). Caution should be exercised with regard to the use of portable communications in the area around such equipment. Portable RF communications equipment (including peripherals such as antenna cables and external antennas) should be used no closer than 30 cm (12 inches) to any part of the ME Equipment or ME System. Degradation of the performance of this equipment could result. In a strong electromagnetic field, "Err" or erratic readings may result.

WARNING: This equipment shall not be used adjacent to or stacked with other equipment.

WARNING: TAT-2000C thermometers are not for use aboard aircraft or near High Frequency Surgical Equipment or Radio Frequency shielded rooms, such as MRI (Magnetic Resonance Imagina) greas.

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# EXERGEN TEMPORALSCANNER™ **THERMOMETER**

TAT-2000C-EC



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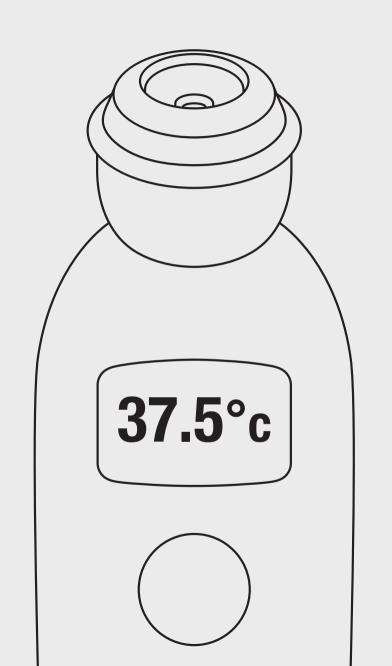








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